



autism spectrum
AUSTRALIA

WEBSITES, FORUMS, BOOKS

Compiled by the Autism Information Line
Autism Spectrum Australia

Information for
Children, Adolescents and Adults
With
High Functioning Autism or Asperger's Disorder

Autism Spectrum Australia (Aspect)
www.autismspectrum.org.au
PO Box 361 Forestville NSW 2087
Ph: (02) 8977 8300 Fax: (02) 8977 8399
ABN 12 000 637 267



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Who is Autism Spectrum Australia?

Autism Spectrum Australia (Aspect) is the largest service provider for individuals with autism spectrum disorder¹ (ASD) and their families in Australia.

What is the Autism Information Line?

Autism Spectrum Australia (Aspect) recognises that there are many questions for individuals who have an autism spectrum disorder (ASD), as well as for their families, carers, support staff and professionals. It is with the support of fundraising that Aspect operates the Autism Information Line (AIL).

The role of the AIL is to:

- Assist in answering specific enquiries
- Provide a referral point for services within Aspect and the wider community
- Offer brief practical advice to assist families and carers with their day to day management of children with ASD

The information line is staffed by Aspect professionals from a range of disciplines, who access a wide range of information regarding services and resources.

Please call the Autism Information Line

02 8977 8377

1800 289 177

or

Email: infoline@aspect.org.au

¹ ASD includes autistic disorder, pervasive developmental disability – not otherwise specified (PDD-NOS) and Asperger's disorder.

How to Explain the Diagnosis

For younger children

“What does it mean to me? A workbook Explaining Self Awareness and Life Lessons to the Child or Youth with HFA or Aspergers. Faherty. C

“This is Aspergers Syndrome” Gagnon. E and Smith Myles. B

“Finding out about Aspergers Syndrome, HFA and PDD” Gerland G

“What is Aspergers Syndrome and How will it Affect Me?” Ives, M

“Asperger’s Huh? A child’s perspective.” Schnurr, R

“Your Special Asperger’s Syndrome Gift” Santomauro, J

“All Cats have Asperger’s” Hoopman, K

“What does it mean to have Autism” Spilsbury, L

“Pictures of Me” Gray, C

For Adolescents

“Freaks, Geeks and Asperger’s- A User Guide to Adolescence” Jackson, L

“Standing Down Falling Up” Jackson, N

“Asparagus Dreams” Peers, J

Fiction and Autobiographies for the Younger Reader

“The Curious Incident of the Dog in the Night Time” Haddon, M.

“Of Mice and Aliens”, Hoopman, K.

Baj and the World Launcher”, Victor, P.

“Autism and Me” (DVD) Hoy, Roy

“Adam’s Alternative Sports Day. An Asperger story”, Welton, J.

“Asperger Syndrome, the Universe and Everything”, Hall, K

Puberty and Sexuality

Websites

www.activ.asn.au/parentportal/special-topics

www.fpnsw.org.au

www.fpq.com.au

www.fpq.org.au

www.bookinhand.com.au

Books and pamphlets

'Asperger's Syndrome and Sexuality from Adolescence to Adulthood'
Isabelle Henault (2006) Jessica Kingsley Publications

'Autism-Asperger's and Sexuality: Puberty and beyond'
Jerry and Mary Newport (2002) Future Horizons

'Sex, Sexuality and the Autistic Spectrum'
Wendy Lawson (2005) Jessica Kingsley Publications

'Secret Boys Business'
Angelo F., Pritchard H and Stewart R.

'Special Girl's Business'
Angelo F, Pritchard H and Stewart R.

'Personal Hygiene-What does it have to do with me?'
Crissey P.

'Sex Education for the person with Autism'
Detmer C, Dalrymple N, and Sinex L.

'Sex Education for very special people'
Longhorn F.

'Changes You and Me- Books about Puberty (for boys and girls)
Bourgeois P and Martyn K

'Puberty Boy/Puberty Girl'
Geoff Price/Shushnan Movessian

'Making Sense of Sex'. Attwood, S.

Bookshops

Jessica Kingsley Publications

www.jkp.com

Books and resources about ASD

Book In Hand

www.bookinhand.com.au

Phone (07) 3283 8214/1800 505 221

Books and resources about ASD

On-Line Resources

www.mapleleaf.com

Range of books on Asperger's Disorder

On Line Resources

www.flhautism.com.au

Books and Resources on ASD

On Line Resources

www.trafford.com.au

Good range of books and resources for teens

Websites

GENERAL

Tony Attwood

www.tonyattwood.com.au

A guide for parents, professionals and people with Asperger's disorder.

Calendar of Tony's seminars.

Also great links and books including Tony's "Complete Guide to Asperger Syndrome"

Sue Larkey

www.suelarkey.com.au

Useful general website. Information about Sue's workshops and seminars

Carol Gray

www.thegraycenter.org

Originator of social stories. Good downloads of sample stories and other resources.

www.maxineaston.co.uk

Information/books/links

www.autismandcomputing.org.au

Stories/books/articles

www.autism-help.org

Great general website

www.asperger.net

Books/Guides/Resources

www.yourlittleprofessor.com/teen2.html

Practical advice for parents. School/social/puberty etc

www.autism.org.uk

Information leaflets and articles from the UK National Autism Society.

www.aspergerfoundation.org.au

Information/Adolescence and more

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EDUCATIONAL/SCHOOL

www.autismspectrum.org.au

Website for Autism Spectrum Australia (Aspect)

Information about Educational Outreach Service and Positive Partnerships workshops for parents and teachers

www.udel.edu/bkirby/asperger

Home of the OASIS website. Resources for teachers and parents of children in mainstream schools.

www.theparentadvocate.com/aspergers.htm

Schooling/papers etc

www.autism4teachers.com

Useful references

www.teachersresource.com.au

Resources on e-learning/bullying/employment

www.headspace.org.au

Interactive website support on bullying Age 13-18. General.

<http://autismshop.acer.edu.au>

Books/resources for parents/professionals

www.usq.edu.au/resources/aspergers.pdf

Information on tertiary studies

www.a4.org.au

General information

www.nswagtc.org.au

Gifted and Talented Organisation NSW

www.hammondinstitute.org

E-learning website for Transition to Tertiary Study

www.autismtraining.com.au

Tel: 1300 881 971

On-line learning for parents and teachers

www.technicalaidnsw.org.au

Computers

www.edex.com.au

Educational resources

www.theracrew.com

Pdf workbooks

www.autism.cc

Interactive teaching materials- school/teens

www.priorywoods.middlesborough.sch.uk/resources/restop.htm

Educational resources

www.voicerecognition.com.au/dragon-naturally-speaking.htm

Voice recognition software

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POST SCHOOL INFORMATION

The Autism Information Line has produced an extensive pack with information about post school options. The following is a brief list of useful contact points.

www.services.unimelb.edu.au/edp/policy/publications.html

E-booklet "Towards Success with Asperger's Syndrome"

www.services.unimelb.edu.au/edp/downloads/asperger.pdf

Practical tips for study

www.uws.edu.au/ndco/getready

Information and practical advice

www.tafensw.edu.au/students/support/disabilities.html

Information about support options from TAFE

www.uws.edu.au/rdlo/employment

Website for Graduates with a Disability

www.det.nsw.edu.au/disabilityaccess

Website information on disability programs and services

BOOKS ABOUT WORK OPTIONS

'Asperger Syndrome and Employment' A personal Guide to Succeeding at Work.
Dubin, N.

'Asperger Syndrome Employment Workbook'. An Employment workbook for Adults with Asperger Syndrome.
Meyer, Roger N.

WHERE CAN I FIND?

VISUALS/SOCIAL STORIES

www.thinkinpictures.com.au

www.sandbox-learning.com.au

www.winningconnection.com.au

www.inkeards.com

www.usevisualstrategies.com

www.visualaidsforlearning

www.prompteducation.com

www.jobjoggas.com.au

www.wotsnormal.com

www.skillbuilders.com.au

www.dotolearn.com.au

www.polyxo.com

www.autismsocialstories.com

SOCIAL SKILLS/READING EMOTIONS

www.transporters.tv

www.thebrainary.com

Tel: 0417 599 772

“Mind Reading” The Interactive Guide to Emotions
Based on research from University of Cambridge.
DVD or CD-ROMS

FORUMS

www.aspergia.com

www.asperganauts.co.uk

www.wrongplanet.net

www.AutismSupportNetwork

www.ktalk.com.au

www.aspie.com

www.autismhangout.com

www.theblueroomforum.org

www.asplanet.info

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SOCIAL GROUPS

AsTeen

Tel: Christine Ayo 0413 781 626

Email: christineayo@optusnet.com.au

Social group for teenagers from 13-18 in Sydney

Aspect's Social Club for boys and girls

Tel: Jane Cotter 8868 8500

Email: jcotter@autismspectrum.org.au

Social groups for ages 8-12 and 13-16 in Sydney.

Expressions of interest can be obtained from Jane or the Autism Information line.

Aspect's Social Club for Adults

Tel: Caroline Smith 8084 0127/0410 376 882

Social Club for over 18 years.

Aut Support

Tel: Leigh Michelle 4966 1717

Email: aut_s_pport@yahoo.com.au

Social and support group based in Maitland NSW but also offers on-line support for all ages.

**Many psychologists and counsellors run support groups from their clinics.
Often these have a strong social skills focus.**

There are also a growing number of family support groups in NSW. Often they have their own newsletters, information and activities. For information on a support group in your area, please phone the Autism Information Line.

Information for Adults

Adult autobiographies.

“Crossing the Bridge” Attwood, T and Willey, L.H.

“Making Sense of the Unfeasible: My Life Journey with Asperger Syndrome” Fleisher, M

“Thinking in Pictures and Other Reports from My Life with Autism” Grandin, T

“Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome” Shore, S

“Pretending to be Normal: Living with Aspergers’ Syndrome” Willey, L.H

“Look me in the Eye” Robison, J

“The feeling’s Unmutual” Hadcroft, W

“Nobody Nowhere” Williams, D

“Lucy’s Story” Blackman, L

“Coping: a Survival Guide for People with Asperger Syndrome”

Available as a download from the website

<http://www-users.cs.york.ac.uk/~alistair/survival/looking.html>

“Take the AQ Test”

Available from the website

<http://www.aspergerinfo.org/wiredaqtest.htm>

www.autism-adults.org

Information/downloads etc from this UK website

Support and Information for Partners

ASPIA

Tel: Carol Grigg 0432 507 828

Email: info@aspia.org.au

www.aspia.org.au

Support and Social group for partners of adults with Aspergers.
Lots of information on their website with lists of psychologists with a specialty in Asperger's.
Useful books and links to other websites.

<http://www.beyondthesquare.org.au>

<http://health.groups.yahoo.com/group/AspergersAndOtherHalf>

www.asperger-marriage.info/survguide/contents.html

The material and contents in this information pack are informative in nature. It is not intended to be advice and you should not act specifically on the basis of this information alone. If expert assistance is required, professional advice should be obtained.

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